



Water Safety Quiz

Question 1

Name 3 risks that you might come across at lakes

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Question 2

Name one symptom of cold-water shock

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Question 3

It is best to go swimming with others and always tell an adult where you are going?

(tick the relevant box)

True

False

Question 4

What is the first thing you should do if you find yourself in difficulty?

(tick the relevant box)

Panic and wave your arms in the air

Float on your front with your legs together

Stay calm

Ask your friend to throw you some goggles

Question 5

What is the first thing you should do if you find someone else in difficulty?

(tick the relevant box)

- Remind them to stay calm
- Pretend you can't see them and walk away
- Find something that floats and swim to rescue them
- Call 911
- Tell them to float on their back like a star

Question 6

What number should you call in this country in an emergency?

(tick the relevant box)

- 911
- 999
- 000
- 112
- 555

Question 7

What beach flag means lifeguards are on duty, and it is safe to swim?

(tick the relevant box)

- The red flag
- The wind sock
- The red and white flag
- The red and yellow flag
- The black and white flag

Question 8

What does the red flag mean at a beach?

(tick the relevant box)

- That it is too hot to swim
- That it is safe to swim
- That the lifeguards are on duty
- That it is not safe to enter the water
- That it is windy

Question 9

Name 3 things that make swimming pools safer than rivers, lakes and beaches

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Question 10

Tick the action that is NOT part of the water safety code

- Stay together
- Call 999
- Shout and swim
- Float
- Stop and think